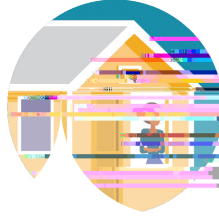


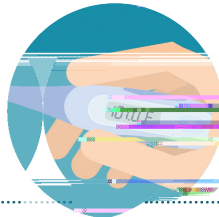
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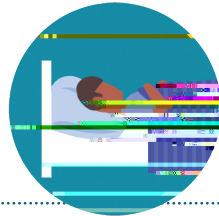
1. **Stay home** if you have a fever, cough, or shortness of breath. Avoid going to work, school, or public places. Stay home for at least 5 days after your symptoms have improved.



2. **Monitor your symptoms** closely. If you have a fever, cough, or shortness of breath, call your healthcare provider.



3. **Get rest and stay hydrated.**



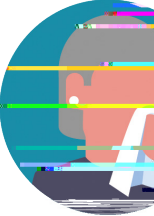
4. If you have a fever, cough, or shortness of breath, **call the healthcare provider** for advice. Do not go to work, school, or public places. Call your healthcare provider if you have COVID-19.



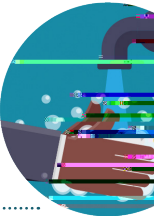
5. If you have a fever, cough, or shortness of breath, **notify the dispatch personnel** if you have COVID-19.



6. **Cover your cough and sneezes** with a tissue or your elbow.



7. **Wash your hands often** with soap and water for at least 20 seconds. Use hand sanitizer if soap and water are not available. Wash hands for at least 60 seconds.



8. Avoid crowds, **stay away from other people**. Avoid going to work, school, or public places. Avoid sharing personal items. Avoid touching surfaces that others have touched.



9. **Avoid sharing personal items** such as cups, water bottles, or food. Avoid touching surfaces that others have touched.



10. **Clean all surfaces** frequently touched with a disinfectant. Use a disinfectant that is effective against COVID-19. Clean surfaces for at least 1 minute.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

